

allergens.

vegantemplebar.

The EU lists 14 allergens. Five are animal-derived and never occur in our kitchen. The remaining eight are the columns below. Onion and garlic are listed too, because guests ask for them.

dish	G	So	N	C	M	S	L	On	Ga
starters.									
Focaccia with Dips	✓	✓	✓		✓	✓		✓	✓
Bruschetta	✓								✓
Party Mix	✓	✓	✓	✓	✓			✓	✓
Supreme Nachos								✓	✓
Beyond Meat add-on nachos							✓		

burgers.

Smokey Temple Burger	✓	✓		✓	✓	✓	✓	✓	✓
Truffle Delight	✓			✓	✓	✓	✓	✓	✓
Classic Burger	✓			✓	✓	✓	✓	✓	✓
BBQ Chicken Burger	✓	✓	✓	✓	✓			✓	✓
Bun gluten-free, +1		✓							

loaded fries.

Cheezy Bacon Fries	✓							✓	✓
Shawarma Fries	✓			✓				✓	✓
Beef Bourguignon Fries ¹	✓	✓						✓	✓

pasta.

Carbonara	✓	✓						✓	✓
Chicken & Mushroom Alfredo	✓	✓		✓				✓	✓
Marry Me Chicken	✓	✓	✓	✓				✓	✓

bowls.

Falafel Rainbow Bowl				✓	✓		✓	✓	✓
Avocado Chicken Bowl	✓	✓		✓	✓	✓	✓	✓	✓
Avocado Salad				✓		✓		✓	
Teriyaki Beef Noodle Bowl	✓	✓				✓		✓	✓
Japanese Katsu Curry	✓	✓		✓	✓			✓	✓

G gluten, **So** soya, **N** nuts, **C** celery, **M** mustard, **S** sesame, **L** lupin, **On** onion, **Ga** garlic. ¹ contains sulphites, through the red wine. Everything on this menu is 100% plant-based, so egg, milk, fish, crustaceans and molluscs do not occur. Other allergens may be present due to shared preparation, so please ask our staff for detailed allergen information.

✓ = contains **this allergen**. Blank means it does not. Please tell us about an allergy when you order.

dish	G	So	N	C	M	S	L	On	Ga
sides.									
Fries								✓	
Sweet Potato Fries								✓	
Cauliflower Bites	✓							✓	✓
Baby Avocado Salad						✓	✓		✓
Chicken Nuggets	✓	✓		✓	✓			✓	✓
Bitterballen	✓	✓		✓	✓			✓	✓
sweets.									
Apple Pie	✓								
Apple Pie gluten-free									
Stroopwafel	✓		✓						
Dame Blanche			✓						
Crème Brûlée									
saucés.									
Mayo								✓	
Ketchup									
Sriracha								✓	✓
Sriracha mayo					✓			✓	✓
Garlic mayo					✓				✓
Truffle mayo									✓
BBQ sauce					✓			✓	✓
Cheese sauce								✓	✓

drinks.

All beers, including Heineken 0.0 and Amstel Radler 0.0, contain gluten. All wines and spritzes contain sulphites. Milk options: soy milk contains soya, oat milk gluten, almond milk nuts.

Don't eat less.
Eat meatless.